

# Julia Novak

**Midwife · Lactation Consultant · Antenatal Educator**

Neuhausen, Volkartstr. 30, 80634 München · 0176 4419021 · julia.novak@gmail.com · DOB: 09.06.1987

## PERSONAL STATEMENT

Experienced midwife with 14 years supporting families through pregnancy, birth and beyond, with added expertise in lactation and antenatal education. Has delivered babies in hospital and home settings, supported new mothers, and led parent classes. Calm, reassuring, and deeply committed to woman-centred care.

## PERSONAL INFORMATION

**Date of Birth:** 9 June 1987

**Address:** Volkartstr. 30, 80634 München

**Driver's License:** Class AM, B & C1

**Registration:** Registered Midwife — Bayerisches Hebammenregister

## WORK EXPERIENCE

### Senior Midwife

2017 – present

Klinikum Dritter Orden, München

Lead care on the labour ward: manage low- and high-risk births, coordinate with obstetricians, and mentor junior midwives. Run the ward's breastfeeding support pathway.

### Community Midwife

2013 – 2017

Hebammenpraxis München-West

Provided antenatal and postnatal home visits and supported home births. Built trusted relationships with families across the district.

### Midwife

2009 – 2013

Universitätsklinikum Regensburg

Full-scope midwifery across antenatal, labour and postnatal wards. Developed strong clinical judgement in a busy unit.

### Antenatal Educator (part-time)

2015 – present

Freelance / family centres, München

Lead antenatal and parenting classes for expectant couples. Design engaging, evidence-based sessions.

## EDUCATION

Ausbildung Hebamme — Universitätsklinikum Regensburg (2009)

B.Sc. Midwifery (top-up) — Hochschule München (2016)

IBCLC Lactation Consultant Certification (2015)

**SKILLS**

- Administrative support: diary management, minute-taking and correspondence
- Problem solving: root-cause analysis and practical decision making
- Presentation and public speaking to technical and non-technical audiences
- Health & safety compliance: risk assessments, incident reporting, first aid trained
- Facilities management: contractor coordination, planned and reactive maintenance
- Data entry and records management: accuracy, GDPR-compliant handling
- Content creation: copywriting, social media and photography

**LANGUAGES**

|                |        |
|----------------|--------|
| <b>Spanish</b> | Native |
| <b>Polish</b>  | C2     |

**INTERESTS**

Swimming · Reading · Baking · Gardening · Hiking · Volunteering